MAKING A COMMODE (POTTY CHAIR)

Counselling Card

Make a wooden stool or chair.

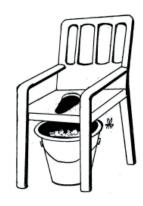


Cut an oval hole in the middle of the stool that "fits" the user (not too big, not too small). Smooth the edge of the hole to avoid bruising.



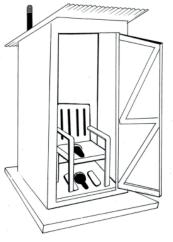
To use commode (potty chair):

 put a bucket beneath the hole in the stool/chair



OR

 put the stool/chair over the hole in the latrine.



Instructions adapted from "Making Adaptations Commode/Potty Chair," Hospice Africa (Uganda).





