

# EMPALE EZ'AKAPIIRA

Olupapula oluliko Ebyokusomesa abantu

- Yeeyambisibwa okutangira essuuka n'engoye obutagendako musulo n'obubi.
- Ekolebwa mu kapiira ak'obuzito obw'ekigero (okufaananako n'akapiira akeeyambisibwa mu kuzaala).
- BULIJJO jjukira okuteeka olugoye olwa ppamba lukole nga nnappi.

## Okutunga empale ey'akapiira

# 1

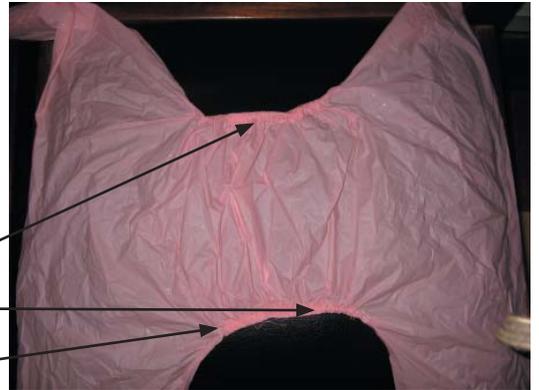
Komola akapiira mu ngeri y'empale etuuka omuntu agenda okugyambala.



# 2

Funa omutunzi owa bulijjo atunge laasitiika mu kiwato n'amagulu (okusobola okuziyiza omusulo oba obubi okuyitamu).

amavuunya  
ga lasitiika  
agatungiddwa  
omutunzi



# 3

Teeka okagoye aka ppamba kakole nga nnapi oluvannyuma omwambaze empale ey'akapiira. Ofuba okulaba nga akagoye aka ppamba ke kasooka munda. Empale gisibe onjuyi zonna ereme kusagala.



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